

CLIMATE CONVERSATIONS

WE CAN'T DO ANY MORE

Energy Efficiency

Learning how to use energy more efficiently will help to reduce climate change. Sharing tips and ideas with others is a great way to get started.

1.

The Energy Efficiency Challenge

Speak to TEN people that you know.

WHO?

This can be friends, family, carers, teachers, neighbours...

WHERE?

Could be over the garden fence, on email, in person, by text or by phone - it's up to you...

Ask each person this simple question...

What is your **TOP TIP FOR CONSERVING ENERGY, FUEL or WATER** that can help us reduce **CLIMATE CHANGE**?

Here are some ideas to prompt them with if they are stuck for an idea...

Turn down the central heating thermostat by 1 degree

Switch to a green tariff that provides 100% renewable energy

Cycle, walk or bus to work or school, instead of by car

Add your own ideas for prompts*



* If you get stuck for more prompts here are some ideas:

- wash clothes at a low temp (30°C) and avoid using a tumble dryer
- fit insulation to roof, walls and floors
- buy white goods that are AAA rated for efficiency
- try to cut out unnecessary journeys by car
- avoid flying when going on holiday
- turn off the tap when brushing your teeth
- take showers instead of baths

How long will you give yourself to see if you can complete all these actions?

2.

Put the **TEN** ideas you collect into priority order to form an **ACTION PLAN** for your family.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

What will you do to celebrate when you have completed all these actions?

3.

Tell those original ten people what you are doing with their suggestion and offer them a copy of your **10-point ACTION PLAN!**